

NORTH CAROLINA CAREER AND TECHNICAL EDUCATION STANDARDS

Family And Consumer Sciences Education

Grade: Grade 9 - 12

Course: Counseling and Mental Health I **New**

NCCTE.2020.FC13 - Counseling and Mental Health I

NCCTE.2020.FC13.01.00 - Analyze self awareness and management techniques.

NCCTE.2020.FC13.01.01 - Understand personal needs and characteristics for interpersonal relationships.

NCCTE.2020.FC13.01.02 - Understand the effects of different types of interpersonal relationships on personal development.

NCCTE.2020.FC13.01.03 - Understand strategies to promote physical, emotional, intellectual, and social development.

NCCTE.2020.FC13.01.04 - Understand strategies for making responsible decisions.

NCCTE.2020.FC13.01.05 - Analyze the effects of diverse perspectives, needs, and characteristics of individual and families.

NCCTE.2020.FC13.02.00 - Understand strategies to manage interpersonal relationships.

NCCTE.2020.FC13.02.01 - Understand the functions and expectations of various types of relationships.

NCCTE.2020.FC13.02.02 - Understand the processes for building and maintaining interpersonal relationships.

NCCTE.2020.FC13.02.03 - Understand communication skills that contribute to positive relationships.

NCCTE.2020.FC13.02.04 - Understand management strategies for various types of interpersonal relationships across the lifespan.

NCCTE.2020.FC13.03.00 - Analyze the family life cycle.

NCCTE.2020.FC13.03.01 - Understand the effects of family as a system on individuals and society.

NCCTE.2020.FC13.03.02 - Understand the effects of various stages of the family life cycle on interpersonal relationships.

NCCTE.2020.FC13.03.03 - Understand the management of resources to meet individual and family goals across the lifespan.

NCCTE.2020.FC13.03.04 - Analyze the impact of conditions that influence the well-being of individuals and families.

NCCTE.2020.FC13.03.05 - Analyze services for individuals and families with a variety of conditions that their well-being.

NCCTE.2020.FC13.04.00 - Apply career literacy skills.

NCCTE.2020.FC13.04.01 - Understand career paths within counseling and mental health.

NCCTE.2020.FC13.04.02 - Apply teamwork and leadership skills in the family, workplace, and community.



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NCCTE.2020.FC13.04.03 - Understand effective conflict prevention and management techniques.

NCCTE.2020.FC13.04.04 - Understand the effect of personal interests, abilities, goals, and priorities on career choice.

NCCTE.2020.FC13.04.05 - Understand how to utilize transferable knowledge, attitudes, and technical and employability skills in school, community, and workplace settings.

