

NORTH CAROLINA ESSENTIAL STANDARDS

Last Updated: June 1, 2015, 12:28 pm

Guidance

Early Emergent/Emergent:

Cognitive

NCES.EEE.C.1 - Use creative strategies to solve problems.

NCES.EEE.C.1.1 - Create strategies for solving problems that have been problems for some time.

NCES.EEE.C.1.2 - Use creative strategies to achieve academic, personal, social, and professional goals.

NCES.EEE.C.2 - Use analytical strategies to understand situations.

NCES.EEE.C.2.1 - Analyze problems in terms of the academic, social, personal, and career information needed to solve them.

NCES.EEE.C.2.2 - Apply critical thinking skills systematically to solve problems and make decisions.

NCES.EEE.C.2.3 - Predict the consequences of applying analytic strategies in terms of whether they are likely to be positive or negative.

Career

NCES.EEE.CR.1 - Understand the meaning and importance of career self-awareness and career goals.

NCES.EEE.CR.1.1 - Explain the importance of planning in career success.

NCES.EEE.CR.2 - Understand the relationship among career goals and interests, personal interests, aptitudes, and abilities.

NCES.EEE.CR.2.1 - Identify personal preferences and interests that influence career choice and success.

NCES.EEE.CR.2.2 - Exemplify (give examples of) how personal preferences and interests influence career choice and success.

NCES.EEE.CR.3 - Understand the relationship among personal and academic decisions, career expectations, and future life decisions.

NCES.EEE.CR.3.1 - Understand the relationship between educational achievement and career success.

NCES.EEE.CR.3.2 - Exemplify (give examples of) how educational achievement influences career success.

NCES.EEE.CR.4 - Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.

NCES.EEE.CR.4.1 - Explain how working cooperatively with others as a team member can influence career choices and success.

NCES.EEE.CR.4.2 - Explain how attendance, school grades, and GPA are possible indicators of future academic and career success.

Socio-Emotional

NCES.EEE.SE.1 - Understand the meaning and importance of personal responsibility and self-awareness.

NCES.EEE.SE.1.1 - Contrast appropriate and inappropriate physical contact.

NCES.EEE.SE.1.2 - Illustrate personal responsibility in a variety of settings and situations.

NCES.EEE.SE.2 - Understand the relationship between self and others in the broader world.

NCES.EEE.SE.2.1 - Contrast the influence of self and others in relationship building.

NCES.EEE.SE.2.2 - Explain why it is important to follow rules in order to build relationships.

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NCES.EEE.SE.2.3 - Explain why responsibility, dependability, punctuality, integrity, and effort are important in all aspects of life.

NCES.EEE.SE.3 - Use communication strategies effectively for a variety of purposes and audiences.

NCES.EEE.SE.3.1 - Use written communication strategies and techniques in communication to share ideas and information with others.

NCES.EEE.SE.3.2 - Summarize written communications in order to share ideas and information with others.

Early Independent:

Cognitive

NCES.EI.C.1 - Use creative strategies to make decisions and solve problems.

NCES.EI.C.1.1 - Analyze solution strategies in terms of assumptions and biases.

NCES.EI.C.1.2 - Create new and different ways of achieving long-term goals.

NCES.EI.C.1.3 - Evaluate the effectiveness of creative strategies in solving problems, making adjustments as necessary.

NCES.EI.C.2 - Use analytical strategies to understand situations and make appropriate decisions.

NCES.EI.C.2.1 - Use analytical strategies appropriately in the areas of career planning, course selection, and career transitions.

NCES.EI.C.2.2 - Evaluate the effectiveness of analytical strategies in solving problems, making adjustments as necessary.

Career

NCES.EI.CR.1 - Understand the meaning and importance of career self-awareness and career goals.

NCES.EI.CR.1.1 - Demonstrate knowledge of the career planning process and its relationship to one's self-awareness and goals.

NCES.EI.CR.1.2 - Analyze your career plan and goals in relationship to your self-awareness and personal goals.

NCES.EI.CR.1.3 - Evaluate your career plan and goals in order to make appropriate career plans.

NCES.EI.CR.2 - Understand the relationship among career goals and interests, personal interests, aptitudes, and abilities.

NCES.EI.CR.2.1 - Understand how changing economic and societal needs influence employment trends and future training.

NCES.EI.CR.2.2 - Demonstrate knowledge about the changing workplace and its relationship to your interests, abilities, and aptitudes.

NCES.EI.CR.3 - Understand the relationship among personal and academic decisions, career expectations, and future life decisions.

NCES.EI.CR.3.1 - Understand that the changing workplace requires lifelong learning and the ongoing acquisition of new skills.

NCES.EI.CR.3.2 - Select course work that is related to your career plan.



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NCES.EI.CR.4 - Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.

NCES.EI.CR.4.1 - Re-evaluate your educational plan to support appropriate career goals, interests, and abilities.

NCES.EI.CR.4.2 - Utilize time-management and task-management skills in career planning and goal setting.

Socio-Emotional

NCES.EI.SE.1 - Understand the meaning and importance of personal responsibility and self-awareness.

NCES.EI.SE.1.1 - Explain the impact of personal responsibility on others.

NCES.EI.SE.1.2 - Contrast rights, privileges, and responsibilities.

NCES.EI.SE.2 - Understand the relationship between self and others in the broader world.

NCES.EI.SE.2.1 - Exemplify respect for individual and cultural differences.

NCES.EI.SE.2.2 - Understand the importance of dependability, productivity, and initiative when working with others.

NCES.EI.SE.3 - Use communication strategies to share information effectively for a variety of purposes and audiences.

NCES.EI.SE.3.1 - Use communication strategies that are appropriate for the situation and setting.

NCES.EI.SE.3.2 - Use conflict management skills to achieve desired outcomes.

Independent:

Cognitive

NCES.I.C.1 - Use creative strategies to make decisions and solve problems.

NCES.I.C.1.1 - Design new strategies by making modifications to previously used strategies, as needed.

NCES.I.C.1.2 - Generate ideas for solving novel problems that are based on previous experience and the results of internet research.

NCES.I.C.2 - Use analytical strategies to understand situations and make appropriate decisions.

NCES.I.C.2.1 - Compare analytical methods across subject areas (e.g., the scientific method in comparison to geometric proof in comparison to literary analysis).

NCES.I.C.2.2 - Use past experiences and general information to make decisions in a variety of situations.

Career

NCES.I.CR.1 - Understand the meaning and importance of career self-awareness and career goals.

NCES.I.CR.1.1 - Demonstrate respect for individual uniqueness and differences in the workplace.

NCES.I.CR.1.2 - Apply appropriate employability skills such as teamwork, problem-solving, and organizational skills when career planning.

NCES.I.CR.2 - Understand the relationship among career goals and interests, personal interests, aptitudes, and abilities.

NCES.I.CR.2.1 - Apply academic and employment readiness skills in work-based learning situations such as internships, shadowing, and/or mentoring experiences.



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NCES.I.CR.2.2 - Apply job readiness skills to seek employment opportunities and related academic opportunities.

NCES.I.CR.3 - Understand the relationship among personal and academic decisions, career expectations, and future life decisions.

NCES.I.CR.3.1 - Demonstrate how to write an effective resume and how to use a resume in a job search.

NCES.I.CR.3.2 - Demonstrate the knowledge of the rights and responsibilities of employers and employees.

NCES.I.CR.4 - Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.

NCES.I.CR.4.1 - Apply decision-making skills when implementing career planning, course selection, and career transition.

NCES.I.CR.4.2 - Demonstrate the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.

Socio-Emotional

NCES.I.SE.1 - Understand the meaning and importance of personal responsibility and self-awareness.

NCES.I.SE.1.1 - Explain the role of personal responsibility in leadership.

NCES.I.SE.1.2 - Integrate personal responsibility into the way you live your life on a daily basis.

NCES.I.SE.2 - Understand the relationship between self and others in the broader world.

NCES.I.SE.2.1 - Exemplify how peer pressure can be both a negative and positive influence.

NCES.I.SE.2.2 - Evaluate one's own behaviors in a variety of situations, making adjustments as needed to produce more positive results.

NCES.I.SE.2.3 - Explain the impact of self-direction, initiative, and self-control on interpersonal relationships.

NCES.I.SE.3 - Use communication strategies effectively for a variety of purposes and audiences.

NCES.I.SE.3.1 - Use communication strategies to take a position and to defend a stand on controversial issues.

NCES.I.SE.3.2 - Use communication strategies that emphasize clarity and precision to achieve desired outcomes.

Progressing:

Cognitive

NCES.P.C.1 - Use creative strategies to make decisions and solve problems.

NCES.P.C.1.1 - Understand how to make adjustments to strategies that are not effective in making decisions or solving problems.

NCES.P.C.1.2 - Analyze strategies you have used in the past to determine the most appropriate strategies for solving a current academic problem.

NCES.P.C.2 - Use analytical strategies to understand situations.

NCES.P.C.2.1 - Analyze long-term assignments (e.g., projects and research papers) to determine the



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most appropriate strategies to use to complete each assignment.

NCES.P.C.2.2 - Use time-management and task-management skills to complete academic work of high quality in a timely manner.

Career

NCES.P.CR.1 - Understand the meaning and importance of career self-awareness and career goals.

NCES.P.CR.1.1 - Explain how personal skills, interests, and abilities relate to current career plans.

NCES.P.CR.1.2 - Develop a competency plan in your chosen career areas.

NCES.P.CR.1.3 - Develop skills to locate, evaluate, and interpret career information.

NCES.P.CR.2 - Understand the relationship among career goals and interests, personal interests, aptitudes, and abilities.

NCES.P.CR.2.1 - Maintain a career-planning portfolio.

NCES.P.CR.2.2 - Use research and information resources to obtain career information.

NCES.P.CR.3 - Understand the relationship among personal and academic decisions, career expectations, and future life decisions.

NCES.P.CR.3.1 - Describe the effect of work on lifestyle.

NCES.P.CR.3.2 - Explain how work can help to achieve personal success and satisfaction.

NCES.P.CR.4 - Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.

NCES.P.CR.4.1 - Compare the effects of personal and academic decisions upon career goals and life expectations.

NCES.P.CR.4.2 - Demonstrate the relationship between course selection in school, grades earned, and attendance with expectations of the world of work in the career fields identified.

Socio-Emotional

NCES.P.SE.1 - Understand the meaning and importance of personal responsibility and self-awareness.

NCES.P.SE.1.1 - Identify how to set boundaries that maintain personal rights while paying attention to the rights of others.

NCES.P.SE.1.2 - Use self-determination to build independence (e.g., work habits, personal productivity, and leadership).

NCES.P.SE.2 - Understand the relationship between self and others in the broader world.

NCES.P.SE.2.1 - Interpret the meaning of self-concept.

NCES.P.SE.2.2 - Explain how understanding differences among people can increase self-understanding.

NCES.P.SE.2.3 - Use responsible risk-taking behaviors to support positive relationship building.

NCES.P.SE.3 - Use communication strategies effectively for a variety of purposes and audiences.

NCES.P.SE.3.1 - Analyze available resources and strategies to determine those that are most appropriate for communicating to various groups.

NCES.P.SE.3.2 - Explain how body language and vocal expression affect the effectiveness of communication.



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NCES.P.SE.3.3 - Use communication skills that build and sustain relationships with a wide range of people.

Readiness/Exploratory/Discovery:

Cognitive

NCES.RED.C.1 - Use creative strategies to make decisions and solve problems.

NCES.RED.C.1.1 - Identify problems that you have encountered or are likely to encounter.

NCES.RED.C.1.2 - Identify creative strategies and non-creative strategies to make decisions and to solve problems.

NCES.RED.C.2 - Use analytical strategies to better understand situations and make appropriate decisions.

NCES.RED.C.2.1 - Identify situations from your daily life in terms of problems and solution strategies.

NCES.RED.C.2.2 - Recognize situations in which peer pressure influences decisions.

Career

NCES.RED.CR.1 - Understand the meaning and importance of career self-awareness and career goals.

NCES.RED.CR.1.1 - Describe traditional and nontraditional career choices and the ways they might relate to your chosen career goals.

NCES.RED.CR.1.2 - Use the internet to access career-planning information.

NCES.RED.CR.1.3 - Explore awareness of personal abilities, skills, and interests.

NCES.RED.CR.2 - Understand the relationship among career goals and interests, personal interests, aptitudes, and abilities.

NCES.RED.CR.2.1 - Explore the activities performed and skills used in various occupations.

NCES.RED.CR.3 - Understand the relationship among personal and academic decisions, career expectations, and future life decisions.

NCES.RED.CR.3.1 - Recognize how the use of conflict management skills with peers and adults can affect future life success.

NCES.RED.CR.3.2 - Recognize that a positive attitude toward work and learning affects future life success.

NCES.RED.CR.3.3 - Summarize how interests, abilities, and achievement are related to achieving personal, social, educational, and career goals.

NCES.RED.CR.4 - Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.

NCES.RED.CR.4.1 - Recognize how to interact and work cooperatively in teams and groups.

Socio-Emotional

NCES.RED.SE.1 - Understand the meaning and importance of personal responsibility and self-awareness.

NCES.RED.SE.1.1 - Understand the importance of self-control and responsibility.

NCES.RED.SE.1.2 - Identify ways of controlling behaviors associated with emotional states, feelings, and moods.

NCES.RED.SE.1.3 - Contrast rights and responsibilities.



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NCES.RED.SE.2 - Understand the relationship between self and others in the broader world.

NCES.RED.SE.2.1 - Identify ways of making and keeping friends.

NCES.RED.SE.2.2 - Understand how to support positive relationship building (e.g., managing impulsivity, adaptability, and flexibility).

NCES.RED.SE.3 - Use communication strategies effectively for a variety of purposes and audiences.

NCES.RED.SE.3.1 - Use oral and written communication skills to share information with others.

NCES.RED.SE.3.2 - Use non-verbal communication skills to share information with others.

