

NORTH CAROLINA ESSENTIAL STANDARDS

Psychology

Grade: **High School**

Course: **Biology**

NCES.PSY.B.1 - Understand the relationship between biology and behavior.

NCES.PSY.B.1.2 - Explain the impact of the brain, nervous system, and endocrine system on behavior.

NCES.PSY.B.1.3 - Explain the influence of genetic, evolutionary, and ethological research on an understanding of human behavior.

NCES.PSY.B.1.4 - Evaluate the extent to which biology impacts behaviors related to sensation, motivation, emotion, and consciousness.

NCES.PSY.B.1.5 - Use knowledge gained from the biological perspective to manage daily problems and improve the quality of life.

NCES.PSY.B.1.1 - Analyze the theoretical development of the biological perspective in psychology.

Course: **Differences**

NCES.PSY.D.1 - Understand human differences and strategies for coping when those differences create dysfunction.

NCES.PSY.D.1.1 - Use factors such as biology, conditioning, cognition, sociocultural interactions, and human development to understand personality differences.

NCES.PSY.D.1.2 - Explain the impact of psychological disorders on perceptions and behavior.

NCES.PSY.D.1.3 - Interpret psychological disorders and appropriate treatments for these disorders within the framework of biology, conditioning, cognition, sociocultural interactions, and human development.

NCES.PSY.D.1.4 - Summarize methods of ensuring ethical practice for clinicians.

NCES.PSY.D.1.5 - Use appropriate and effective strategies of coping with stress and developing resilience.

Course: **Human Development**

NCES.PSY.DE.1 - Analyze human development throughout the lifespan.

NCES.PSY.DE.1.1 - Analyze cognitive development throughout the lifespan.

NCES.PSY.DE.1.2 - Analyze the lifespan using psychodynamic theories.

NCES.PSY.DE.1.3 - Analyze moral development throughout the lifespan.

NCES.PSY.DE.1.4 - Use knowledge gained from an analysis of human development to understand personal challenges at different stages of life.

Course: **Learning and Cognition**

NCES.PSY.LC.1 - Understand how conditioning, learning, and cognition affect behavior.

NCES.PSY.LC.1.1 - Compare the theoretical development of the behavioral and cognitive perspectives in psychology.

NCES.PSY.LC.1.2 - Summarize the behavioral factors involved in perception, motivation, emotion, and consciousness.

NCES.PSY.LC.1.3 - Summarize the cognitive factors involved in perception, motivation, emotion, and consciousness.

NCES.PSY.LC.1.4 - Use classical conditioning, operant conditioning, and observational learning theories to manage daily problems and improve the quality of life.

NCES.PSY.LC.1.5 - Use the results of memory and problem-solving research to manage daily problems



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Course: Research Methods

NCES.PSY.R.1 - Understand the discipline of psychology using various perspectives and research methods.

NCES.PSY.R.1.1 - Compare various perspectives in the field of psychology.

NCES.PSY.R.1.2 - Compare various psychological research methods (survey, naturalistic observation, case study, experiment, and correlational study).

NCES.PSY.R.1.3 - Analyze the practice of psychology in terms of ethical standards.

NCES.PSY.R.1.4 - Evaluate psychological research studies in terms of methods, sampling techniques, bias, validity, reliability, ethics, and generalizability.

Course: Sociocultural

NCES.PSY.S.1 - Understand how interaction with others influences thoughts, feelings, perceptions, and behaviors.

NCES.PSY.S.1.1 - Analyze the theoretical development of the sociocultural perspective in psychology.

NCES.PSY.S.1.2 - Compare diverse cultural norms in terms of their impacts on behavior.

NCES.PSY.S.1.3 - Explain the impact of cognitive consistency and cognitive dissonance on attitude formation and attitude change.

NCES.PSY.S.1.4 - Analyze the cultural, social, and historic factors that contribute to antisocial behaviors (such as discrimination, stereotypes, and prejudices) or prosocial behaviors (such as altruism).

NCES.PSY.S.1.5 - Explain the impact of compliance, obedience, and conformity on the individual and society.

NCES.PSY.S.1.6 - Evaluate the extent to which mass communication systems and social networking impacts human cognition and behavior.

NCES.PSY.S.1.7 - Use various theories of sociocultural psychology to manage daily problems and improve the quality of life.